



Containers of Hope Supply Needs

Please consider donating items from this list to help healthcare providers address the treatment and recovery needs of women and girls with fistula. We also are accepting items for our maternity waiting home, education and general assistance. Many of these supplies can be purchased from our Amazon list.

Healthcare Needs

- #10 blades (surgical)
- #15 blades (surgical)
- #22-gauge spinal needles
- 0 Vicryl sutures
- 4x4 gauze roll (Kerlix)
- Bandage tape
- Bandages
- Band-aids
- BP Cuff
- Catheters – 12, 14, 16, 18
- Chux OR towels
- Exam tables
- First aid kits
- Mayo stand
- NST machine
- OR scrub brushes
- OR tables
- OTC medications (large bottles)
 - Colace tablets
 - Ibuprofen
- Milk of Magnesia
- Multi vitamins
- Pepto-Bismol
- Polysporin Cream
- Pre-natal vitamins
- Roloids
- Small tubes of Desitin or A&D Ointment
- Tylenol
- Portable ultrasound machine (small)
- Retractors
- Rubber mat for sink floor
- Scrubs
- Shoe covers
- Steel speculums
- Stethoscopes
- Surgical instruments
- Surgical needles (strong)
- Urine dipsticks

Recovery Needs

- Crocs / flip flops
- Depends / adult diapers
- Flavorings for baking (vanilla, etc.)
- Gatorade G powdered drink mixes for rehydration
- Long Neoprene gloves that can withstand caustic lye
- Seed packets
 - Corn
- Greens
- Okra
- Peppers
- Pumpkin
- Skull caps / wrap scarves
- Small, disposable bathroom cups
- Toiletries
- Tooth brushes, toothpaste

Maternity Waiting Home Needs

- Generators (220v / portable)
- Hospital beds w/mattresses
- Infant bassinets
- Infant onesies
- IV poles
- Labor monitor
- Latex gloves
- Towels and wash cloths
- Trash bags

Education Needs

- Black board paint
- Board games for children
- Book bags
- Chalk
- Crayons
- Digital projector
- Dry erase boards
- Dry erase markers
- DVDs
 - Animals
 - Ecology
 - World history
- Erasers
- Highlighters
- Jigsaw puzzles for children
- Laptops (used and wiped or new)
- Maps
- Models
 - Human anatomy
 - Science
- Notebooks / composition books
- Pens (blue, black, red)
- Pencils
- Scientific calculators
- School bus / van
- Books (lower level elementary)
 - Black heroes (e.g. Eli Whitney, Frederick Douglas, Ben Carson)
 - History
 - Science
 - World books

General Assistance

- Animal crackers (large containers)
- Canned tuna or chicken
- Dress shoes – boys & girls, black
- Pop Up 10 X 10 tent canopies
- Rain covers for shoes
- Rain ponchos, heavy-duty
- Reader eyeglasses
- Sanitary napkins
- T-shirts (white)
- Umbrellas
- Underwear (2 years and up)